



www.cammsmealsonwheels.org

01223 314288

Independent and not-for-profit charity organization in the heart of Cambridge since 1999 providing a meal delivery service as well as welfare check to help older and vulnerable people stay happy, healthy and independent.

DO NOT THROW THIS AWAY

Share it with someone who may need our support

Are you struggling to prepare your meals or do you have relatives or friends that would benefit from a hot, two course lunch delivery?

Nutritious and affordable meals to those who may struggle to prepare or access food due to age, illness or disability.



We believe that everyone deserves access to healthy meals and a caring community.



Two-course hot and ready to eat lunches are priced at only £8.50 and delivered to your area daily by our friendly DBS checked drivers.



CAMMS Meals on Wheels Ltd, Cherry Trees Kitchen, St Matthews Street, Cambridge, CB1 2LT
Registered Charity 1098072 Company limited by guarantee 4229429



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We pride ourselves on providing good quality, nutritious and affordable meals, enabling older and vulnerable people to live independent lives.

Our service not only provides meals but our clients and their families have the peace of mind knowing that they or their loved ones are receiving a regular visit from a familiar face as well as a hot meal.

